

Footprint Adventures

the way to go.....



Travel Itinerary



THE HIDDEN HIMALAYA

An unusual and ambitious trek through the remote Bara Bhangal region of the Indian Himalaya.

As you head north from Delhi, the level plains of the sub-continent give way to the Shivalik foothills and then, suddenly, the land is crumpled upwards into the Himalaya. This first chain of peaks is known as the Pir Pinjal range and it is here amongst this vast but often forgotten stretch of mountains that our challenging trek takes place.

Heading out from the Kullu Valley, our route takes us through the Bara Bhangal region and across two significant passes, the Kaliheni (4797m) and the Thamser (4624m), to reach the Kangra Valley foothills to the south. The mountains are vast, wild and empty, the terrain tough and often unforgiving, but the beauty and timelessness of the landscape carry a spirit of adventure rarely found today. Bear, leopard, monal and eagle still find space here and even, allegedly, an elusive creature resembling the yeti has been seen. Home only to the nomadic Gaddi shepherd and one isolated village, these trails are rarely trekked and the area retains a quality of untouched tranquillity.

If you are looking for a more fulfilling and memorable experience in the mountains, then this could be the trek for you.

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Duration: 16 days. 10 days trekking.

Day by Day

Day 1 Arrive Delhi, at leisure/sightseeing. Hotel

Day 2 By train and then road to Mandi. Hotel

Day 3 Onward journey to Manali in the Kulu Valley. Hotel.

Day 4 Walking out of Manali and into the foothills of the Pir Pinjal. Camping.

Day 5 Steady ascent on shepherd trails. Camping.

Days 6/7 To a base camp below the Pass and a tough day crossing the Kaliheni Pass. Views of the Outer and Greater Himalaya. Camping.

Day 8 Through wild mountains along the Bara Bhangal valley. Camping.

Day 9 To the isolated village of Bara Bhangal (2350m). Camping.

Days 10/11 A well-earned rest day then a long ascent to the base of the next Pass. Camping.

Day 12 An early start for the Thamser Pass (4380m). Camping.

Day 13 The last day of trekking, down to the Kangra Valley and by road to Palampur. Hotel.

Day 14 By road to McLeod Ganj, sightseeing then overnight train to Delhi

Day 15 Arrive Delhi, at leisure. Evening departure for airport.

Day 16 Arrive London

Hotels: The Oberoi Maidens, The Connaught or the Siddarth Hotel. Manali Bannons Lodge.

Important: Before you travel please check your **Tour Voucher** and **Arrival Information** for the latest joining instructions. This will be sent to you upon receipt of final payment.

All itineraries are subject to change without prior notice.